

WEEK 1

PSALM 100:1-5

A Psalm of Thanksgiving

ASK THIS: What are you grateful for?

WEEK 2

MATTHEW 20:1-15

Parable of the Vineyard Workers

ASK THIS: What do you do when you don't feel grateful?

WEEK 3

LUKE 17:11-19

Jesus Heals 10 Men

ASK THIS: What are creative ways to say thank you?

WEEK 4

1 THESSALONIANS 5:18

Give Thanks No Matter What

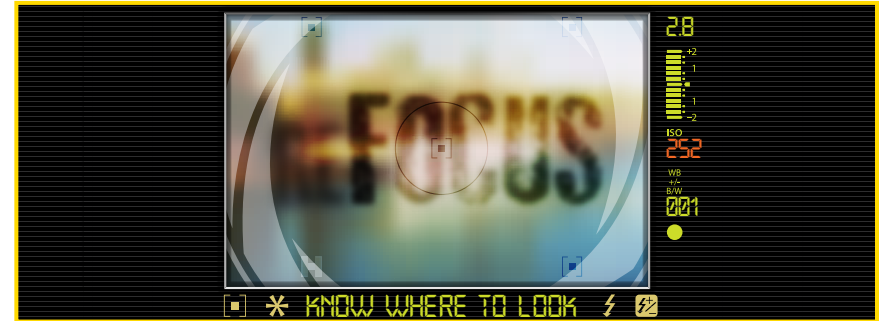
ASK THIS: What's keeping you from being thankful?

REMEMBER THIS

"Give thanks no matter what happens. God wants you to thank him because you believe in Christ Jesus."  
1 Thessalonians 5:18, NIRV

LIFE  
APP

GRATITUDE – Letting others know you see how they've helped you



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DO THIS



MORNING TIME

Start the month by putting a sticky note somewhere in your home that mentions something you are grateful for. Tell your kids to be on the lookout for it and whoever is the first to find it, gets to hide the next sticky note about what they are thankful for the next day. Do this until everyone has had a turn finding the note and delivering it.



DRIVE TIME

Pick a time in the car to ask the following question to your preteen, "Do you think we have been given a lot or a little? Why?" Don't get frustrated if they are quick to point out what they don't have—instead start naming things you are thankful for. Showing gratitude can help spread gratitude!



MEAL TIME

Q & A for kids: What is something you can't imagine living without? Who should you thank for that thing?  
Q & A for parents: If you could go back in history and thank one person for something they did to help the world, who would it be?



BED TIME

Read Luke 17:11-19. List as many people as you can think of who have done something for you in the past few weeks. Now, make a plan to say "thank you" the next time you see those people. You might even write a thank you card! Pray for each other, that God will help you notice and say "thank you" in the moment any time someone does something for you.

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