

D28 - TAWG Seminar

Why have a quiet time?

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. (Mark 1.35)

It would be easy to say “because Jesus did it.” But that falls a bit short. We don’t spend time with our Creator because of compulsion or example. We should spend time - regular, devoted, focused and intimate time with Him - **because He loves us and invites us to KNOW Him.**

Jerry Fine’s *One on One with God* ~ “That I May Know Him”

But everything that was a gain to me, I have considered to be a loss because of Christ. More than that, I also consider everything to be a loss in view of the surpassing value of knowing Christ Jesus my Lord. Because of him I have suffered the loss of all things and consider them as dung, so that I may gain Christ and be found in him, not having a righteousness of my own from the law, but one that is through faith in Christ — the righteousness from God based on faith. My goal is to know him and the power of his resurrection and the fellowship of his sufferings, being conformed to his death, assuming that I will somehow reach the resurrection from among the dead. (Philippians 3.7-11)

And this, so that I may know Him [experientially, becoming more thoroughly acquainted with Him, understanding the remarkable wonders of His Person more completely] and [in that same way experience] the power of His resurrection [which overflows and is active in believers], and [that I may share] the fellowship of His sufferings, by being continually conformed [inwardly into His likeness even] to His death [dying as He did]; (Amplified)

- Exodus 33.13 - Moses was determined to know God. *"Now if I have indeed found favor with you, please teach me your ways, and I will know you, so that I may find favor with you. Now consider that this nation is your people."*
- John 10.14 - Jesus said, *"I am the good shepherd. I know my sheep and my sheep know me."*
- Jeremiah 9.23-24 - *"But let him that glories, glory in this - that he understands and knows me."*
- 2 Timothy 1.12 - *"for I know Whom I have believed.."*

“The ultimate experience of life is knowing God.” ~ Billy Graham

“God is love in such a profound and potent way that you simply cannot know Him without yourself becoming loving.” (Michael Reeves, 26)

We spend time alone with God because He loves us. Because in doing so, **we become more like Him**. We are enabled to be who He made us to be. We are able to see as He made us to see. We are able to love as He made us to love. Time with God causes our faces to glow, like Moses' (Exodus 34.29-35).

Four questions:

1. If not here, where?
2. If not this way, how?
3. If not now, when?
4. If not at all, why?

Spending time with someone who loves you reminds you of your mission - a vision for life and the lost. It's not all about you.

Why have a quiet time?

1. Because He loves us and invites us
2. Because we become more like Him
3. Renews us and refreshes us
4. Reminds us of our mission/vision

Handouts:

- **Psalm 16 - Sample Quiet time**
- **Prayer Handout**
- **Spiritual reminders**

Resources:

- *One on One with God* - Jerry Fine
- *Delighting the Trinity* - Michael Reeves (IVP: 2012)